

Celiac Kids Real Talk: Favorite Gluten-Free Products

ALWAYS CHECK to make sure the brand names listed here are still gluten-free when you purchase them. Brands and ingredients may have changed since these products were recommended.

Gluten-Free Breakfast Foods

- *Pamela's* Baking and Pancake Mix
 - *Bisquick* GF pancake mix
 - *Crispy Cocoa Rice Cereal*
 - *Cocoa and Fruity Pebbles*
- Udi's:*
- Cinnamon Buns
 - Breads
 - Bagels
 - Granola
 - *Chex* GF cereals (multiple flavors)
 - Gluten-Free Frozen Waffles
 - *Chex* GF Instant Oatmeal

Gluten-Free Breads and Foods

- *Bell & Evans* GF Chicken Breast Tenders
 - *Glutenus Minimus*
 - Canyon Bakehouse GF Bread
 - *Something Sweet Without Wheat* Bakery (a small bakery chain in Massachusetts)
 - Peanut Butter (naturally GF)
 - *Three Bakers* Frozen Pizzas
 - *Udi's* Frozen Pizzas
 - Corn, rice, or quinoa pasta (an example of corn pasta is *San Mills Pasta d'Oro*)
- Against the Grain:*
- Bread
 - Frozen Pizza
 - Pita Bread
 - Rolls
 - *Annie's* GF Mac and Cheese (also available in easy mac version)
 - *Amy's* Rice Mac and Cheese (frozen)

Snacks

- *Wild Garden Snack Packs To-Go* (veggie chips with hummus)
- Snack Factory GF Pretzel Crisps
- *Snikiddy Baked Mac n' Cheese Puffs*
- Salsa and Tortilla Chips
- GF Pretzels (e.g *Snyder's*)
- *Breton* Crackers
- *Fiber One* Assorted Fruit Gummy Snacks
- *Nutella*
- *Pamela's Whenever Bars*
- *GF Luna Bars*
- *Lara Bars*
- *88 Acres* (free from top food allergens)

Glutino:

- Pretzels
- Yogurt and Chocolate Covered Pretzels
- Crackers

- *Kind* Granola Bars

Desserts/Treats

- *Tates GF Bake Shop* Cookies
- *Glutino* Oreos (Vanilla Crème too)
- *Walkers* GF Shortbread cookies
- *Girl Scout GF Trio* Cookies
- *Enjoy life* Cookies e.g Sugar Crisps (cookies that are other 8 allergy-free)
- *Swoffle* (Caramel Filled Cookie Treat)
- *Hail Merry Miracle* Tarts
- *Trader Joes* GF cupcakes and whoopee pies
- *King Arthur Flour* GF Baking Mixes
- *Cherrybrook Kitchen* GF Cake Mix (also nut, peanut, dairy and egg free)
- GF Chocolate Chips
- *Jelly Belly* Jelly Beans

Restaurants that have gluten-free menus

- The Boynton Restaurant
- Bugaboo Creek
- Burtons Grill
- Carrabba's Italian Grill
- Flatbread Pizza Company
- Legal Seafood
- Maggiano's Little Italy
- 99 Restaurant
- Not Your Average Joe's
- Outback Steakhouse
- Papa Razzi
- Pepperoncini's Pizzeria and Grill
- P.F. Chang's
- Stone Hearth Pizza
- Uno Chicago Grill
- The Elephant Walk
- Woodman's Restaurants